

## TRAINING PROGRAM OVERVIEW

### DESCRIPTION:

This training program is mandatory for all persons having direct contact with clients of W.H.E.Network.

### OBJECTIVES:

- To give an overview of the programs and services offered by the network
- To help staff/volunteers understand the dynamics of domestic violence and related abuse
- To expose staff/volunteers to the policies and procedures necessary to maintain efficiency and effectiveness in healing center management and service delivery.
- To teach staff/volunteers how to relate to and serve clients in a professional and Christ-like manner.
- To provide an environment where staff, volunteers and clients can grow as they learn to appreciate, support and value each other.



### REQUIREMENTS:

1. Attendance at all sessions
2. Participation in group activities
3. Completion of Assignments
4. Criminal Back Ground Check

### METHODOLOGY:

1. Lectures
2. Group Discussions/Exercises/Role Plays
3. Question & Answer Periods
4. One written assignment (3 pages minimum)

### CERTIFICATE OF COMPLETION:

You will be awarded a certificate of completion upon fulfillment of all course requirements.

W.H.E.Network

## *Staff / Volunteer Training Program*

*(A Ministry of Women's Healing  
and Empowerment Network)*

Sunday, February 18: 1:00-5:00 p.m.

Sunday, February 25: 1:00-5:00 p.m.

**Cost: \$10.00 for Training Manual**



at  
West Central Multi-Cultural Church  
1201 West Spofford  
Spokane, WA 99205  
Web Site: [www.whenetwork.com](http://www.whenetwork.com)

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For Registration:  
(509) 323-2123  
Toll Free: 1-877-276-5597

## **SCHEDULE**

**Sunday, February 18**

### **Session 1**

Introduction and Overview  
Why we are Here!

### **Session 2**

What is Domestic Violence?  
Forms of Abuse  
Characteristics and Cycle of Domestic Violence  
Behavioral Characteristics of Domestic Violence  
The Victim and the Batterer  
Myths and Facts about Domestic Violence

### **Session 3**

Domestic Violence Life Cycle:  
Dating  
Children  
Adulthood  
Effects of Domestic Violence Over Time

### **Session 4**

The Community's Perspective  
Community Action Coordinated Model  
Safety Support  
What You Can Do!  
Coordinated Community Response

## **SCHEDULE**

**Sunday, February 25**

### **Session 5**

The Religious Perspective vs. the Christian's Perspective  
Some Thoughts  
An Appropriate Response  
Watch out for Rescuing!

### **Session 6**

Insights into Working with Women in Crisis  
Factors that Make it Difficult for us to Give Help  
Personal and Group Reflections

### **Session 7**

Ethical Policies and Guidelines  
Personnel Code of Ethics  
Legal Issues

### **Session 8**

Volunteer Information  
Volunteer Job Description  
Safety Plans  
Operational Procedures  
Resources  
Statistical Information  
State Coalitions

*Instructor: Mable C. Dunbar*