

Women's Healing and Empowerment Network

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Joan Young, Executive Assistant / House Manager for PHC
Kemilee LeCroix, House Manager for FHC
Vivian McGee, Director - Project: PROTECT
Patti Skinner, Crisis Worker
Frances Wagner, Counselor
Meghin Salmon, Child Care Provider
Ariana Salmon, Child Care Provider

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-Agape Foundation Against Domestic Violence
-Beth Shalom Sanctuary and Healing Garden, NY
-Polly's Place, Inc., Niles, MI
-W.H.E.Network, U.K. & W.H.E.L Prayerline, U.K.
Windows of Hope Ministry, WY

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W.H.E. Network

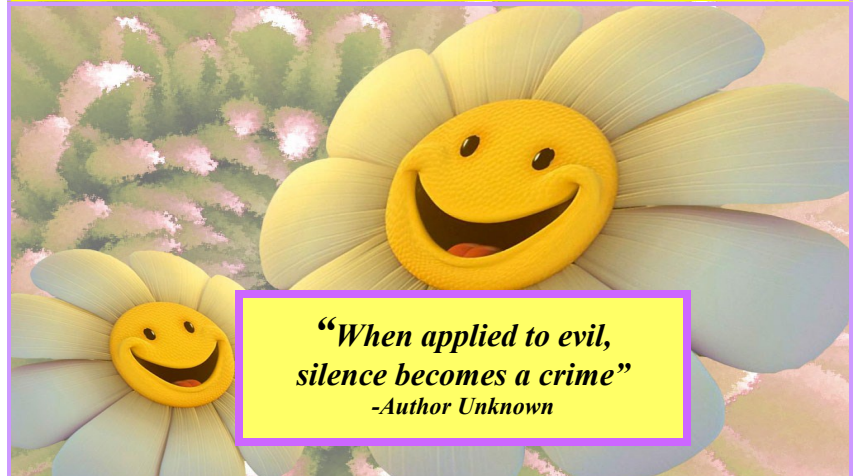
presents

2011 Being There Conference

"Silent No More"

October 21, 2011 (6:00 pm - 9:00 pm)
October 22, 2011 (9:00 am - 5:00 pm)

West Central Multi-Cultural SDA Church
1201 West Spofford
Spokane, WA 99205
Tel. 509.533.07511



*"When applied to evil,
silence becomes a crime"*
-Author Unknown



Welcome

Dear Friends:

On behalf of the Board of Directors, Staff, and Volunteers, welcome to the **Being There Conference**. This year's theme, "Silent No More", declares our need to talk about the issues of domestic violence and sexual abuse with openness, directness, honesty and compassion. We need to keep in mind that we must proclaim liberty, justice and freedom for all who have been held captive in the cycle of abuse.

If you have been victimized we hope that you will experience true healing that only can come from Jesus Christ. Always keep in mind that healing is a life long journey. If you have been a perpetrator of domestic violence or any form of abuse, be reminded that Jesus Christ offers you forgiveness and cleansing when you confess and forsake behaviors that are contrary to His character.

If you are here because you want to get more education and tools to provide support and resources for victims and abusers, we hope that you will be more equipped and empowered to help facilitate their healing and recovery.

As we work together to end domestic violence and sexual abuse in our homes, churches, and communities, it is my hope that we will lift up our voices in one accord proclaiming the redemptive power of healing love through Jesus Christ, our Lord, Master and Savior.

Mable Dunbar, Ph.D., L.P.C.
W.H.E. Network, President and CEO

Sponsors

West Central Multi-Cultural S.D.A. Church
General Conference Women's Ministries
NAD Women's Ministries
NPUC Department of Regional Affairs
NPUC Women's Ministries
VERSACARE
KEEH (Positive Life Radio)
Hope For Humanity
Liberty Clinic
J.M. Hutson Foundation



Presenters



Robert W. Sargent, J.D. is the Assistant Deputy Prosecuting Attorney for Spokane County. He has been involved with over 70 trials consisting of attempted murder, robbery, organized crime, burglary, theft identify, theft and domestic violence. He is also the prosecutor assigned to the Repeat Offender Program and is a member of the Pretrial Advocacy National District Attorney Association. Bob graduated from Whitworth College in 1985 with a Bachelor's Degree in International Relations & Speech Communications. He spent one summer teaching English in Taipei, Taiwan. In 1996 he received the Jurist Doctorate degree from Washburn School of Law, in Topeka, Kansas. He has also taught Business Law classes at Spokane Community College. He has worked at the Phelps Law Office and Law Offices of Olmstead Gibbs & Harper in Seattle, WA. He was a special agent at the Department of Justice/Drug Enforcement Administration where he was responsible for conducting complex multi-state criminal investigations relative to the federal drug laws of the United States; acted in an undercover capacity to gather evidence of narcotics distribution and obtain evidence of multi-state conspiracies; coordinated drug enforcement efforts with state and local law enforcement officials by expanding these investigations beyond local jurisdictions and resources; managing and supervising multiple investigations; preparing and gathering evidence; testifying in federal grand jury proceedings leading to indictments of suspects, etc. He has also worked as a Naval Intelligence/Cryptographer and was granted access to top secret and sensitive information based on extensive background investigation. He was responsible for relaying time sensitive communications to fleet admirals, and courier of top secret and special operations information to various fleet commanders at Cinclant Fleet Headquarters, Norfolk, Virginia. He is currently a member of the Board of Directors of W.H.E. Network.



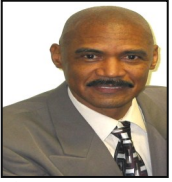
Jon R Mundall, M.D. is a practicing physician in the field of nutritional or functional medicine with offices in Cornell, WA and Spokane, WA. He has been practicing medicine since he graduated from Loma Linda University Medical School in 1973. He is a member of the American College for Advancement in Medicine, The American Academy of Environmental Medicine, and the International College of Integrative Medicine. In addition to his focus on nutritional therapies, he specializes in immune system disorders and clinical toxicology. He enjoys the challenge of treating chronic health problems that are unresponsive to conventional therapies. He and his wife Eloyce have been married for 40 years and have 7 children and 12 grand children. He is a member of the Advisory Board of W.H.E. Network.

THE PRAYER SCROLL

Feel free to place your prayer requests on the Prayer Scroll.
During the conference our prayer team will be praying for these requests.
We believe in the power of prayer!



Presenters



Colin A. Dunbar, M.Div., D.Min. has served for 35 years as Pastor, Evangelist, Church Builder, Publishing Director and Ministerial director. He has conducted seminars in Spiritual Gifts, Men and Family Ministries, Interpersonal Relationships and Church Revivals. He has been an adjunct professor at Andrews University Theological Seminary and is a Certified Grief Recovery Counselor. He has authored a manual on how to train lay Bible Instructors and co-authored the book "No More Excuses." He has also conducted support groups for abused and abusive men and has provided counseling and support for female victims. He is currently a member of the Executive Committee of the North Pacific Union of Seventh-day Adventists and pastors in the Upper Columbia Conference. He and his wife Mable conduct training programs for churches, "How to Make Church A Safe Place." They are the proud parents of three young adults. He is a member of the Advisory Board of W.H.E. Network



Babatunde Fodayemi (formerly Tony Northern) a painter and sculptor come from a long line of artists. His grandfather was a painter and his father, Dr. Chauncey Scott Northern, a direct descendant of Dred Scott was an opera singer and a friend of Paul Robson. Dr. Northern traveled to Spain and sang for the Queen and later he became the first African American to teach at Carnegie Hall where he taught voice for over fifty years. Babatunde's son Cinque Fodayemi Northern, an awarding winning filmmaker is now a fourth generation artist. At an early age Babatunde demonstrated exceptional talent when at age sixteen he had his first art exhibit at the Museum of Modern. As a young artist he studied at Pratt Institute, The Art Student's League of New York and under Mexican sculptor, Jose de Creft. In the 1970's Babatunde, his wife Akivah Northern and their son Cinque moved to Africa where he painted murals for organizations like the Organization of African Unity (OAU). There he also became "The Liberation Artist" for the Africa National Congress now the official party of South Africa. After returning from Africa Babatunde and his family moved to Santa Barbara, California, where Baba became the first African American City Councilmen in the city's two hundred year history. Currently, he is studying to become an ordained minister under Pastor Walter Barbere, a Native American Christian Minister who is also a seminary professor. Babatunde and his wife Akivah, a graduate of Yale Divinity School, plan to minister together and to open The National Peace Academy where people of all ages will learn to celebrate, practice, model and teach peace. Baba's works are in the collections of Miles Davis and Nelson Mandela and have been exhibited all over the world including in Brazil, Paris and Japan.

John Love is currently the Supervisor of the Domestic Violence Unit for the Spokane County Prosecuting Attorney's office. He has also worked as a prosecutor in the Special Assault Unit dealing with sex crimes and has been a prosecutor for 14 years. He attended Loyola Law School in Chicago.

Oppression can only survive through silence.
-Carmen de Monteflores

About the "Being There" Conference

The **Being There Conference** is an interdenominational conference designed to provide healing, education, and relevant information for individuals who have either experienced abuse or want to provide help and support for victims of abuse. Our vision is to **Help Empower Abused Lives**. Seminars and presentations are planned for women, men, and young adults. Attendees will be given the opportunity to participate in prayer, networking opportunities, collaboration and group discussions. Childcare is provided for children ages 3-10 years.

About Women's Healing and Empowerment Network

W.H.E. Network is a non-profit organization that helps to provide healing and empowerment to individuals, families, homes, churches, schools and other organizations through faith-based education, counseling, consultation, healing centers, resources, and other support services in the areas of domestic violence, and sexual abuse.

Programs and Services:

1. Abuse Prevention Education

Educating individuals, families, pastors, teachers, and the community is the key to prevention of, and long-term recovery from abuse. Women's Healing and Empowerment Network has put a heavy emphasis on this very important aspect of our program. Each year we conduct the national "Being There Conference" that provides a healing experience for men, women, and young adults who have been abused, are abusive or caregivers for individuals dealing with abuse issues.

2. Healing Centers: Patty's / Frieda's / Ellen's in Spokane, WA and Polly's Place in Niles, MI

When women find themselves in an abusive situation, where do they go for protection and help? Our healing centers wrap them in arms of love and protection, providing professional in-house individual and group counseling, referrals, spiritual support, and other support services.

3. Project P.R.O.T.E.C.T (Preventing and Reducing Oppression To End Child Trauma)

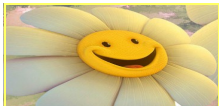
This educational program builds awareness of the prevalence of child sexual abuse in our homes and churches through educational workshops and parenting classes. Project: P.R.O.T.E.C.T's overall goal is to help empower us to do what we can to prevent child abuse and protect our children from child molesters.

4. Men In Compassion

Support for the abuser is available through peer counselors and support personnel. Their focus is Biblical-based counseling practices designed to give hope, healing, and empowerment to abused and abusive individuals.

5. Empowered DVD/TV Series

These programs feature individuals who share their history of abuse, their struggle with dysfunctional ways of thinking, feeling and living, and how they experience daily empowerment through Christ.



PROGRAM OUTLINE - FRIDAY, OCTOBER 21

5:30 p.m. REGISTRATION

Location: Fellowship Hall

6:00 : AGAPE FEAST

Location: Fellowship Hall

Coordinated by: West Central Multi-Cultural Church Women's Ministries

7:00: GENERAL SESSION*

Welcome and Announcements: Mable Dunbar

Opening Prayer:

Special Music: Joyce Matthews

Introduction of Presenters: Cheryl Tobin

Testimony: Anita Royce

Special Music: Joyce Matthews

Testimony: Zsa Zsa Chinn

ANOINTING SERVICE*

Special Music: Andriana Carrion

Facilitator: Akivah Northern

Special Music: Jacqueline Peart

Closing Prayer: Michelle Stanfill

Location: Sanctuary

PROGRAM OUTLINE, SATURDAY, OCTOBER 22

8:00 a. m. Registration

Location: Fellowship Hall

9:00: GENERAL SESSION*

Welcome and Announcements: Cheryl Wallace

Opening Prayer: Cheryl Tobin

Introduction of Presenters: Kemilee LeCroix

Testimony: Kimberley Cruz

Special Music: Joyce Matthews

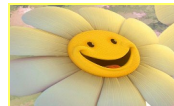
Testimony: Maritza Oquendo

Prayer Session: Mable Dunbar

Location: Sanctuary

10:15 -10:30: Break (Musical Interlude)

*Men will meet in the Fellowship Hall during the General Sessions and Anointing Service. Men and women will participate in afternoon activities.



Presenters



Maritza Oquendo was born the city of Newark, New Jersey also known as "Brick City." She is of Dominican and Puertorican decent. She recently graduated with an Associate's Degree in Applied Science as an Administrative Secretary. "My passion for life, is to live the life of the Life-Giver, and preach the gospel to the brokenhearted in the language that they can understand: a plate of food, a prayer, a hug, a smile, a food for thought, a Bible study, or words of affirmation." Maritza's number one hobby is to hike with her three children, Alex, Andriana, and Smyrna. "My willingness is to help people understand the depths of God's forgiveness for themselves and their offenders." She is a volunteer of W.H.E. Network



Anita Royce was born in Coeur d'Alene, Idaho and lived there with her family. Most of her childhood would have been considered normal, but all of it was not. There was sexual abuse from a family friend, and then from her own father. She left home before graduating from high school and lived in California where she obtained an AA degree. Since she had a daughter to take care of it was difficult for her to continue her education. She got married and returned to Idaho with her husband and daughter. She soon had another daughter. The family of four lived out in the woods and worked the land, building from the ground up a barn, house, and managed a large garden plot and orchard. Eventually because of abuse the family broke up and Anita and her children came to Spokane looking for a new start. A girlfriend took her in and she looked for work. During this Anita played music in Spokane and became the city's official folk singer in the late 1970's. She worked for the city and played in many venues, eventually doing music in all the public schools, which she continued doing for many years. Anita operates her own art gallery in Spokane Valley. She frames pictures, and restores art. She is happily remarried, has 3 adult children, and has helped raised two stepchildren and a granddaughter. She hopes she will be an inspiration as she shares her story with others. Prayer has been an important part of her life, and she knows that it has helped her through some very difficult times because she has never been alone.

Silence

"In the end, we will remember not the words of our enemies, but the silence of our friends."
-Martin Luther King Jr.

"The most profound statements are often said in silence." -Lynn Johnston

"Saying nothing...sometimes says the most." -Emily Dickinson

"Spiteful words can hurt your feelings but silence breaks your heart."
- Author Unknown



Presenters



Joyce Matthews was born in Sanford, Florida to Margaret Louise Collier and Cecil G. Matthews, her mother a homemaker and her father Cecil, who was proudly serving his new country of residence in the United States Armed Forces as his native country, was Jamaica, West Indies. Joyce's life in music began at Mars Hill Seventh-day Adventist Church, Sanford, Florida in the pew, when at the tender age of 2, it was said that she "sang louder than everyone in church!" From that time her musical talents were encouraged, and as she began to grow, her voice was frequently heard at first, only in church, and then later in school, plays, and regional social events. Joyce has been abundantly blessed with numerous opportunities to sing for dignitaries, people of world renown, prelates, ministers, evangelists, and uplink satellite around the world several times. But nothing compares to her audience of One, her Redeemer, LORD and Savior Jesus Christ, the Greatest love of her life. When not singing Joyce enjoys doing her other passion, being a mother to her daughter, Tatianna De' Jaron.



Vivian McGee, R.N. was born in Oroville, CA. Because she saw God's mighty hand in her life so many times, at twelve years old she was compelled to ask Him into her life and was baptized. At age nineteen she moved to Spokane, WA. She presently serves as and Elder of the West Central Multi Cultural SDA Church and has been on various committees in the local church and conference. Vivian works as a nursing supervisor for the Psychiatrist Unit at Sacred Heart Hospital in Spokane and supervises over 40 employees. She has been a member of the North American Division of S.D.A. Executive Committee. Vivian has two wonderful children, Nathan and Natalie. She is a member of W.H.E.Network Advisory Board.



Akivah Northern, M.Div. is a Hospice Chaplain, Pastoral Counselor, Preacher, Radio Host and Community Educator. Akivah has seen first-hand the power that faith in God brings to those suffering from illness, disease and abuse. She studied medicine for two years at Howard University College of Medicine and received her Master's of Divinity from Yale University. She is currently completing a doctorate focusing on evidence based practices that identify and define spiritual determinants of health and well-being. Her particular interest is in exploring how spiritual practices such as prayer, contemplative praxes and narrative/story-telling can heal intergenerational traumas like domestic violence and sexual abuse, and even diminish symptoms of depression, diabetes and hypertension. When Akivah inherited her childhood home from her father, she transformed it into a sanctuary for women and children. Located in the heart of New York City, Beth Shalom Sanctuary and Healing Gardens is a wellness, retreat center offering sacred space where families can heal from the ravages of domestic and traumatic violence. Akivah lives in Santa Barbara, CA with her husband of forty three years, Babatunde Fodayemi. They have one adult son, Cinque Fodayemi Northern, who is an independent filmmaker. Called by God to further define her hands on, interdisciplinary work in medicine, ministry and healing, Akivah recently founded the Alliance for Living and Loving Well (ALLWELL). She is a member of W.H.E.Network Advisory Board.



PROGRAM OUTLINE - SATURDAY, OCTOBER 22

10:30: GENERAL SESSION*

Welcome / Announcements: Vivian McGee
 Prayer: Laura Hall
 Offering: Marilyn Salmon
 Special Music: Joyce Matthews
 Introduction of Presenter: Mable Dunbar
 Presentation: Leslie Bumgardner
 Special Music: Joyce Matthews
 Closing Prayer: Leslie Bumgardner
 Location: Sanctuary

12:00 p.m. Lunch

Location: Fellowship Hall

Coordinated by West Central Multi-Cultural Church Women's Ministries

1:00 - 2:15: SKIT "When Christians Keep Silent"

1:15 - 2:15: Educational Forum

Facilitator: Vivian McGee

Location: Sanctuary

2:15: Break (Musical Interlude)

2:30 - 4:30: PANEL DISCUSSION

Moderator: Colin A. Dunbar

Panel Members:

Leslie Bumgardner

Chanci Lopez

John Love

Jurene Mason

Jon Mundall

Robert Sargent

Cheryl Wallace

4:30: CLOSING SESSION

Special Thanks and Acknowledgment: Mable Dunbar
 "Power of the Voice and a Call to Action" - Robert Sargent
 Special Music: Andriana Carrion
 Prayer of Commitment: Leslie Bumgardner / Colin A. Dunbar
 Location: Sanctuary

6:00: CHILI FEST

Coordinators: Cheryl Tobin and Cheryl Wallace

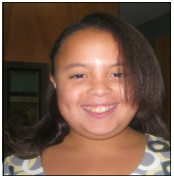
Children ages 3-10 will meet in the classrooms
 downstairs during all sessions



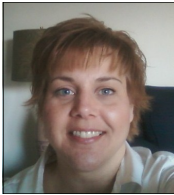
Presenters



Leslie Bumgardner, Ph.D., serves as the Associate Pastor at the Pasco Riverview Church. She previously ministered at the Walla Walla University Church and in the Ohio Conference. She is a graduate of Walla Walla University and Andrews University. Her commitment to advocating for those whose lives are affected by domestic violence stems from the many women who have come to her for counsel. She believes that the silence will only be broken when we listen to and speak on behalf of survivors. She is a member of the Advisory Board of W.H.E. Network



Andriana Carrion was born in the state of New Jersey, daughter of Maritza Oquendo. By the age of 10 she developed a hobby and love for Christian music. She enjoys Mrs. Mable's smoothies. Her favorite color is purple, and she likes horses very much. She understands what abuse is, for she was abused too. She learned to be aware of who she is and be happy because God made her to be. She loves Jesus very much because He knows her name and sees each tear that falls from her eyes.



Zsa Zsa Chinn considers herself to be a baby Christian. She has been following Christ for about 12 years and is a Spokane native. She has one younger sister. Her mother passed away in 1997, and her father lives in Tri-cities, WA. She has two daughters ages 23 and 17. After over 19 years of marriage, she divorced in May, 2010 and is in the process of retraining so that she can get reoriented and return to working in the operating room where she was a surgical tech for 11 years. Her short term goal is to retrain back into the operating room as a surgical tech so that she can provide a living for herself. This should be attainable by the beginning of next summer. Zsa Zsa's long term goal is to graduate and become a Registered Nurse by 2016 or by her 50th birthday. Since leaving a stressful, abusive, and co-dependent marriage, she believes that God is empowering her with the details, funds, attitude, and motivation to move forward. Because of how He has worked in her life these past several months, her faith and love have grown considerably and she doesn't know how she could survive without Him. She is a volunteer of W.H.E. Network



Kimberly Cruz was born into an Adventist home on November 2, 1978. She has a younger sister, Kareema. She attended private SDA schools all the way through high school. For the longest time she would get teased for being a 'sheltered little Adventist girl'. She took pride in the fact that she was only one of two girls in her grade school whose parents were still together. Unfortunately, during her eighth grade her parents separated. Though she knew deep in her heart that it was for the best, she was angry and confused. She didn't turn to a life of disorder and chaos, but hit a valley of serious doubt in her young Christian life and told God: "You know what, You are way too big for me to even try and understand right now. So I'm putting You in the corner until I'm ready to deal with You. I don't need You." It was the two most miserable years of her life. By the time she was 16 her parents were divorced. Nevertheless, God kept talking to her heart. And so, one cold February afternoon at Leoni Meadows Retreat Center during a 9th/10th grade Bible retreat-- she asked God back into her heart. After an accident in 2006 she became depressed. Through her cousin she was introduced to a program that promised to make all her darkness disappear. She was at such a low point that she took the bait and embarked on the darkest journey she has ever been on: a jaunt through a New Age Cult. Praise the Lord for victory in Jesus Christ! Today she is recovered, whole, and well in her Savior. She wants every ounce of her energy, skills, gifts, and talents to make a difference for the Kingdom of Heaven. Currently she is working on establishing a Diversion Program for at-risk children who have no hope for their future. Her goal is to give them the hope of Jesus Christ.



Presenters



Mable C. Dunbar, Ph.D., is President and CEO of Women's Healing and Empowerment Network. She is also the Executive Director of Ellen's/ Frieda's/ and Patty's Healing Centers in Spokane, WA and Polly's Place in Niles, MI. These healing centers provide safe, temporary housing, help and support for women who are dealing with issues of domestic violence and sexual abuse. She is a Licensed Professional Counselor, Certified Cognitive Behavioral Therapist, and Certified Domestic Violence Counselor. She is the author of "*The Truth About Us: How to Discover the Potential God Has Given You*", a contributing author to "*Intimate Violence*", "*Peace and Healing*" and "*We Suffered in Silence*". She is also co-author with her husband of "*No More Excuses*." Mable has written numerous articles on the issues of domestic violence and sexual abuse. She travels internationally to educate community, church leaders and members on the dynamics of domestic violence. She is an outspoken advocate for individuals who desire healing and empowerment through Christ.



Chanci Lopez attended Eastern Washington University and holds a Bachelor's Degree in Criminal Justice with a minor in Forensics and Alcohol/Chemical Studies. She is also a registered counselor with the state of Washington. She has received trainings in the field of Domestic Violence, Family Dynamics, Drugs/Alcohol and Juveniles. Chanci has been a domestic violence victim advocate for Spokane County for the past five years. Prior to this she worked at a lock down juvenile facility managing intensive inpatient/outpatient youths. As a Victim's Advocate for Spokane County, she participates in every facet of criminal prosecution from the time a defendant first appears in court until the defendant is sentenced. In her position, she is responsible for making and maintaining contact with victims so that the prosecutors know the victims' position regarding a case and is made aware of any concerns the victim may have. In her advocacy role she helps victims get court issued protection orders and restitution. She also makes sure that victims are aware of outside resources to help them understand the dynamics of domestic violence and often help establish safety plans for victims. Chanci also keeps victims apprised of the status of their case including any future court dates, and sets up and participate in victim interviews conducted with defense counsel. In her free time, she enjoys spending time with her two children, and participates in a variety of sports.



Jurene Mason. Motivated by observing other younger veterans being funneled into an area of loss in worth and self esteem, Jurene chose to pull herself out of the darkness and help stand for their rights and benefits. In truth, the small voice inside was ready to stand up for her, because she finally realized that if she didn't, she would be lost in the darkness. Accepting other's control had become a norm that began in her first marriage of 17 years. Before the marriage, she had accomplished a lot in life, and was very self confident. Marrying a man who later became a full fledged alcoholic was something she never planned. Maybe she married him because of innocence from a great childhood, or belief that the good she saw in him could be his norm. Either way, life became a cage because of a marriage vow and a mother's desire that wanted to believe somewhere in all the chaos break she could still provide a good life for her children. Jurene lost herself in it all, believing that sacrificing herself was worth it for her boys to be raised in a full family. It was when her sons began to be harmed that she broke away. In fact, the subtle threats and changing personality of her husband caused her to run and hide with her children in fear of their lives. They had many differences in life style and drinking brought on his womanizing, gambling, and manipulative control. She made several attempts to leave. After the final separation she has no regrets. There are many choices in life that get each of us through our journey. The choice to believe in ourselves as worthy and having purpose is the key to unlocking a positive future. This is what she would like to share with you.